



Detailed evaluation

Urban, Ida

Club: TGM Budenheim

Total time: 40:38

Running performance: - min/km

Category:

Damen -12

Rank in category: 5(of 6)

Best time in the category: 20:47

Behind: 19:51

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (102)	2:03	1	-	-	2:03	1	-	-
2 (101)	8:56	6	7:23	476.3	10:59	6	6:45	159.5
3 (104)	4:36	2	0:59	27.2	15:35	6	7:44	98.5
4 (132)	2:05	3	0:40	47.1	17:40	5	8:24	90.7
5 (131)	2:33	3	0:39	34.2	20:13	5	9:03	81.0
6 (114)	1:25	4	0:18	26.9	21:38	5	9:17	75.2
7 (113)	9:02	5	6:46	298.5	30:40	6	16:03	109.8
8 (107)	2:52	2	1:18	83.0	33:32	5	17:21	107.2
9 (118)	3:34	3	1:33	76.9	37:06	5	18:54	103.9
10 (100)	2:47	3	0:56	50.5	39:53	5	19:50	98.9
Finish	0:45	2	0:01	2.3	40:38	5	19:51	95.5