



24. Weinberg-OL
Wörrstadt / 16.06.2019

Detailed evaluation

Saß, Larissa

Club: OLF Mainz

Total time: 41:23

Running performance: 8:17 min/km

Course: 4.99 km / 11 Controls

Category:
Damen -18

Rank in category: 1(of 6)

Best time in the category: 41:23

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (105)	2:56	4	0:47	36.4	2:56	4	0:47	36.4
2 (103)	3:29	3	0:25	13.6	6:25	3	1:12	23.0
3 (101)	1:30	1	-	-	7:55	3	0:56	13.4
4 (111)	3:55	1	-	-	11:50	2	0:20	2.9
5 (125)	2:58	4	1:20	81.6	14:48	3	1:20	9.9
6 (128)	5:21	1	-	-	20:09	3	0:58	5.0
7 (132)	8:38	1	-	-	28:47	2	0:39	2.3
8 (123)	4:24	2	0:03	1.2	33:11	1	-	-
9 (114)	2:41	1	-	-	35:52	1	-	-
10 (118)	3:29	1	-	-	39:21	1	-	-
11 (100)	1:17	2	0:06	8.5	40:38	1	-	-
Finish	0:45	2	0:10	28.6	41:23	1	-	-