



24. Weinberg-OL
Wörrstadt / 16.06.2019

Detailed evaluation

Smolka, Kerstin

Club: CTG Koblenz

Total time: 1:03:30

Running performance: 12:43 min/km

Course: 4.99 km / 11 Controls

Category:

Damen 45-

Rank in category: 5(of 8)

Best time in the category: 51:13

Behind: 12:17

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (105)	5:07	4	2:39	107.4	5:07	4	2:39	107.4
2 (103)	4:37	3	0:53	23.7	9:44	4	3:32	57.0
3 (101)	2:19	6	0:31	28.7	12:03	4	3:50	46.7
4 (111)	6:59	5	1:59	39.7	19:02	5	5:49	44.0
5 (125)	2:26	4	0:21	16.8	21:28	5	5:54	37.9
6 (128)	6:12	1	-	-	27:40	4	4:54	21.5
7 (132)	16:01	6	4:25	38.1	43:41	5	8:57	25.8
8 (123)	8:41	7	2:45	46.4	52:22	5	11:31	28.2
9 (114)	3:58	4	0:28	13.3	56:20	5	11:59	27.0
10 (118)	4:34	2	0:03	1.1	1:00:54	5	12:02	24.6
11 (100)	1:52	5	0:22	24.4	1:02:46	5	12:24	24.6
Finish	0:44	1	-	-	1:03:30	5	12:17	24.0