



24. Weinberg-OL  
Wörrstadt / 16.06.2019

## Detailed evaluation

Saß, Jörn

Club: OLF Mainz

Total time: 54:53

Running performance: 7:11 min/km

Course: 7.63 km / 13 Controls

Category:

Herren 45-

Rank in category: 1(of 10)

Best time in the category: 54:53

Behind: -

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (131)	4:12	1	-	-	4:12	1	-	-
2 (123)	3:13	1	-	-	7:25	1	-	-
3 (132)	2:31	1	-	-	9:56	1	-	-
4 (103)	4:00	1	-	-	13:56	1	-	-
5 (104)	4:09	7	2:11	111.0	18:05	1	-	-
6 (106)	1:06	2	0:01	1.5	19:11	1	-	-
7 (118)	1:58	3	0:21	21.7	21:09	1	-	-
8 (120)	9:39	1	-	-	30:48	1	-	-
9 (117)	3:39	1	-	-	34:27	1	-	-
10 (126)	5:22	1	-	-	39:49	1	-	-
11 (128)	4:00	2	0:39	19.4	43:49	1	-	-
12 (107)	9:14	2	1:14	15.4	53:03	1	-	-
13 (100)	1:13	2	0:04	5.8	54:16	1	-	-
Finish	0:37	2	0:04	12.1	54:53	1	-	-