



24. Weinberg-OL  
Wörrstadt / 16.06.2019

## Detailed evaluation

Helfrich, Klaus

Club: OLV Steinberg

Total time: 37:02

Running performance: 7:25 min/km

Course: 4.99 km / 11 Controls

Category:

Herren 55-

Rank in category: 1(of 9)

Best time in the category: 37:02

Behind: -

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (105)	2:02	1	-	-	2:02	1	-	-
2 (103)	3:13	2	0:26	15.6	5:15	2	0:19	6.4
3 (101)	1:25	1	-	-	6:40	2	0:11	2.8
4 (111)	3:54	1	-	-	10:34	1	-	-
5 (125)	1:24	1	-	-	11:58	1	-	-
6 (128)	4:24	1	-	-	16:22	1	-	-
7 (132)	8:12	1	-	-	24:34	1	-	-
8 (123)	4:16	1	-	-	28:50	1	-	-
9 (114)	2:47	1	-	-	31:37	1	-	-
10 (118)	3:24	1	-	-	35:01	1	-	-
11 (100)	1:21	3	0:05	6.6	36:22	1	-	-
Finish	0:40	1	-	-	37:02	1	-	-