



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Runtastic 4

Total time: 3:56:07

Number: 11

Speed: 10.72 km/h

Running performance: 5:36 min/km

Course: 42.20 km

Staffel

Rank in course: 14 (of 15)

Best time in course: 2:39:20

Category:

Rank in category: 2(of 3)

Mixstaffel

Best time in the category: 2:50:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ifta	11.90	59:38	5:00	2	12:37	10	17:39	11.90	59:38	5:00	2	12:37	10	17:39
Buchenau	11.70	1:02:59	5:22	2	12:13	13	19:11	23.60	2:02:37	5:11	2	24:50	13	36:50
Frankenroda	9.40	52:26	5:34	2	13:51	12	15:45	33.00	2:55:03	5:18	2	38:41	12	49:50
Uferstraße in Tre	9.20	1:01:04	6:38	3	27:25	15	27:25	42.20	3:56:07	5:35	2	1:06:06	14	1:16:47