



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Die grimmigen Vier

Number: 6

Course: 42.20 km

Staffel

Category:

Männerstaffel

Total time: 3:18:34

Speed: 12.75 km/h

Running performance: 4:43 min/km

Rank in course: 6 (of 15)

Best time in course: 2:39:20

Rank in category: 4(of 10)

Best time in the category: 2:39:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Ifta	11.90	50:41	4:15	4	5	8:42	8:42	11.90	50:41	4:15	4	5	8:42	8:42
Buchenau	11.70	54:39	4:40	7	8	10:51	10:51	23.60	1:45:20	4:27	5	6	19:33	19:33
Frankenroda	9.40	51:14	5:27	8	11	14:33	14:33	33.00	2:36:34	4:44	5	7	31:21	31:21
Uferstraße in Tre	9.20	42:00	4:33	6	8	7:53	8:21	42.20	3:18:34	4:42	4	6	39:14	39:14