



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt

Number: 134

Course: 42.20 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 3:51:12

Speed: 10.90 km/h

Running performance: 5:29 min/km

Rank in course/Total: 28 (of 75)

Rank in course/Men: 25 (of 67)

Best time in course: 2:59:48

Rank in category: 1(of 3)

Best time in the category: 3:51:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	59:56	5:02	1	-	23	11:56	11.90	59:56	5:02	1	-	23	11:56
Buchenau	11.70	1:02:18	5:19	1	-	30	14:42	23.60	2:02:14	5:10	1	-	24	25:59
Frankenroda	9.40	52:07	5:32	1	-	28	12:52	33.00	2:54:21	5:16	1	-	25	38:51
Uferstraße in Tre	9.20	56:51	6:10	1	-	34	15:57	42.20	3:51:12	5:28	1	-	25	51:24