



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Reinz, Michael

Club: Laufgruppe Treffurt

Number: 111

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:59:37

Speed: 10.52 km/h

Running performance: 5:41 min/km

Rank in course/Total: 38 (of 75)

Rank in course/Men: 34 (of 67)

Best time in course: 2:59:48

Rank in category: 8(of 15)

Best time in the category: 3:18:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	57:52	4:51	3	0:43	17	9:52	11.90	57:52	4:51	3	0:43	17	9:52
Buchenau	11.70	1:03:47	5:27	6	8:43	33	16:11	23.60	2:01:39	5:09	3	8:51	22	25:24
Frankenroda	9.40	57:07	6:04	9	14:38	38	17:52	33.00	2:58:46	5:25	6	23:29	31	43:16
Uferstraße in Tre	9.20	1:00:51	6:36	8	17:42	38	19:57	42.20	3:59:37	5:40	8	41:11	34	59:49