



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Kupfer, Jörg

Club: DAV Weimar

Number: 160

Course: 42.20 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:03:20

Speed: 10.36 km/h

Running performance: 5:46 min/km

Rank in course/Total: 40 (of 75)

Rank in course/Men: 36 (of 67)

Best time in course: 2:59:48

Rank in category: 7(of 8)

Best time in the category: 2:59:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:03:30	5:20	7	14:51	31	15:30	11.90	1:03:30	5:20	7	14:51	31	15:30
Buchenau	11.70	1:04:09	5:28	7	16:33	35	16:33	23.60	2:07:39	5:24	7	31:24	33	31:24
Frankenroda	9.40	56:32	6:00	7	17:17	37	17:17	33.00	3:04:11	5:34	7	48:41	37	48:41
Uferstraße in Tre	9.20	59:09	6:25	6	18:15	36	18:15	42.20	4:03:20	5:45	7	1:03:32	36	1:03:32