



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Krummer, Frank

Club: LT Philippsburg

Number: 126

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:26:42

Speed: 9.45 km/h

Running performance: 6:19 min/km

Rank in course/Total: 48 (of 75)

Rank in course/Men: 43 (of 67)

Best time in course: 2:59:48

Rank in category: 8(of 16)

Best time in the category: 3:29:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:16:14	6:24	11	19:40	50	28:14	11.90	1:16:14	6:24	11	19:40	50	28:14
Buchenau	11.70	1:16:33	6:32	10	19:49	50	28:57	23.60	2:32:47	6:28	10	39:29	49	56:32
Frankenroda	9.40	59:27	6:19	7	10:46	42	20:12	33.00	3:32:14	6:25	10	50:15	47	1:16:44
Uferstraße in Tre	9.20	54:28	5:55	4	6:58	24	13:34	42.20	4:26:42	6:19	8	57:13	43	1:26:54