



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Reinhardt, Horst

Club: Lauffeuer Fröttstädt

Number: 141

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:29:43

Speed: 9.34 km/h

Running performance: 6:23 min/km

Rank in course/Total: 49 (of 75)

Rank in course/Men: 44 (of 67)

Best time in course: 2:59:48

Rank in category: 9(of 16)

Best time in the category: 3:29:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:05:51	5:32	5	9:17	36	17:51	11.90	1:05:51	5:32	5	9:17	36	17:51
Buchenau	11.70	1:07:04	5:43	5	10:20	39	19:28	23.60	2:12:55	5:37	5	19:37	39	36:40
Frankenroda	9.40	1:01:47	6:34	9	13:06	46	22:32	33.00	3:14:42	5:53	5	32:43	40	59:12
Uferstraße in Tre	9.20	1:15:01	8:09	16	27:31	63	34:07	42.20	4:29:43	6:23	9	1:00:14	44	1:29:55