



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Reinz, Michaela

Club: Laufgruppe Treffurt

Number: 101

Course: 42.20 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:34:33

Speed: 9.18 km/h

Running performance: 6:31 min/km

Rank in course/Total: 52 (of 75)

Rank in course/Women: 6 (of 8)

Best time in course: 3:28:42

Rank in category: 2(of 3)

Best time in the category: 3:51:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ifta	11.90	1:09:51	5:52	2	8:11	6	13:11	11.90	1:09:51	5:52	2	8:11	6	13:11
Buchenau	11.70	1:13:45	6:18	2	9:30	6	17:06	23.60	2:23:36	6:05	2	17:41	6	30:17
Frankenroda	9.40	1:04:47	6:53	2	11:28	6	18:21	33.00	3:28:23	6:18	2	29:09	6	46:22
Uferstraße in Tre	9.20	1:06:10	7:11	3	13:36	7	21:48	42.20	4:34:33	6:30	2	42:45	6	1:05:51