



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Marx, Christian

Club: Wartenberg

Number: 173

Course: 42.20 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:34:33

Speed: 9.18 km/h

Running performance: 6:31 min/km

Rank in course/Total: 53 (of 75)

Rank in course/Men: 47 (of 67)

Best time in course: 2:59:48

Rank in category: 5(of 5)

Best time in the category: 3:13:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:19:36	6:41	5	26:38	58	31:36	11.90	1:19:36	6:41	5	26:38	58	31:36
Buchenau	11.70	1:08:57	5:53	5	16:32	41	21:21	23.60	2:28:33	6:17	5	43:10	48	52:18
Frankenroda	9.40	58:44	6:14	5	14:52	41	19:29	33.00	3:27:17	6:16	5	58:02	45	1:11:47
Uferstraße in Tre	9.20	1:07:16	7:18	4	22:58	49	26:22	42.20	4:34:33	6:30	5	1:21:00	47	1:34:45