



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 182

Course: 42.20 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:43:37

Speed: 8.89 km/h

Running performance: 6:43 min/km

Rank in course/Total: 58 (of 75)

Rank in course/Men: 51 (of 67)

Best time in course: 2:59:48

Rank in category: 2(of 3)

Best time in the category: 3:51:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:19:12	6:39	2	19:16	57	31:12	11.90	1:19:12	6:39	2	19:16	57	31:12
Buchenau	11.70	1:18:27	6:42	2	16:09	53	30:51	23.60	2:37:39	6:40	2	35:25	55	1:01:24
Frankenroda	9.40	1:02:23	6:38	2	10:16	48	23:08	33.00	3:40:02	6:40	2	45:41	53	1:24:32
Uferstraße in Tre	9.20	1:03:35	6:54	2	6:44	44	22:41	42.20	4:43:37	6:43	2	52:25	51	1:43:49