



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Konradt, Jochen

Club: Alte Liebe

Number: 122

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 5:20:27

Speed: 7.86 km/h

Running performance: 7:35 min/km

Rank in course/Total: 71 (of 75)

Rank in course/Men: 64 (of 67)

Best time in course: 2:59:48

Rank in category: 16(of 16)

Best time in the category: 3:29:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:27:39	7:21	16	31:05	65	39:39	11.90	1:27:39	7:21	16	31:05	65	39:39
Buchenau	11.70	1:29:34	7:39	16	32:50	65	41:58	23.60	2:57:13	7:30	16	1:03:55	65	1:20:58
Frankenroda	9.40	1:09:49	7:25	15	21:08	59	30:34	33.00	4:07:02	7:29	16	1:25:03	63	1:51:32
Uferstraße in Tre	9.20	1:13:25	7:58	15	25:55	62	32:31	42.20	5:20:27	7:35	16	1:50:58	63	2:20:39