



# 1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

## Detailed evaluation

**Konradt, Marion**

Club: Alte Liebe

Number: 107

Course: 42.20 km

Marathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 5:20:27

Speed: 7.86 km/h

Running performance: 7:35 min/km

Rank in course/Total: 72 (of 75)

Rank in course/Women: 8 (of 8)

Best time in course: 3:28:42

Rank in category: 4(of 4)

Best time in the category: 3:28:42

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                   |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Ifta              | 11.90       | 1:27:39       | 7:21            | 4           | 27:37          | 8            | 30:59           | 11.90         | 1:27:39       | 7:21            | 4           | 27:37          | 8            | 30:59           |
| Buchenau          | 11.70       | 1:29:31       | 7:39            | 4           | 31:39          | 8            | 32:52           | 23.60         | 2:57:10       | 7:30            | 4           | 59:16          | 8            | 1:03:51         |
| Frankenroda       | 9.40        | 1:09:44       | 7:25            | 4           | 23:18          | 8            | 23:18           | 33.00         | 4:06:54       | 7:28            | 4           | 1:22:34        | 8            | 1:24:53         |
| Uferstraße in Tre | 9.20        | 1:13:33       | 7:59            | 4           | 29:11          | 8            | 29:11           | 42.20         | 5:20:27       | 7:35            | 4           | 1:51:45        | 8            | 1:51:45         |