



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Konradt, Marion

Club: Alte Liebe

Number: 107

Course: 42.20 km

Marathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 5:20:27

Speed: 7.86 km/h

Running performance: 7:35 min/km

Rank in course/Total: 72 (of 75)

Rank in course/Women: 8 (of 8)

Best time in course: 3:28:42

Rank in category: 4(of 4)

Best time in the category: 3:28:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ifta	11.90	1:27:39	7:21	4	27:37	8	30:59	11.90	1:27:39	7:21	4	27:37	8	30:59
Buchenau	11.70	1:29:31	7:39	4	31:39	8	32:52	23.60	2:57:10	7:30	4	59:16	8	1:03:51
Frankenroda	9.40	1:09:44	7:25	4	23:18	8	23:18	33.00	4:06:54	7:28	4	1:22:34	8	1:24:53
Uferstraße in Tre	9.20	1:13:33	7:59	4	29:11	8	29:11	42.20	5:20:27	7:35	4	1:51:45	8	1:51:45