



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Radelhof, Alfred

Club: Rennsteiglaufverein

Number: 138

Course: 42.20 km

Marathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 5:38:20

Speed: 7.45 km/h

Running performance: 8:01 min/km

Rank in course/Total: 74 (of 75)

Rank in course/Men: 66 (of 67)

Best time in course: 2:59:48

Rank in category: 1(of 1)

Best time in the category: 5:38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:21:17	6:49	1	-	62	33:17	11.90	1:21:17	6:49	1	-	62	33:17
Buchenau	11.70	1:30:48	7:45	1	-	66	43:12	23.60	2:52:05	7:17	1	-	63	1:15:50
Frankenroda	9.40	1:22:15	8:45	1	-	66	43:00	33.00	4:14:20	7:42	1	-	66	1:58:50
Uferstraße in Tre	9.20	1:24:00	9:07	1	-	66	43:06	42.20	5:38:20	8:01	1	-	66	2:38:32