



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Niklasch, Christian

Club: SV Blau Weiß Lauterbach

Number: 229

Course: 21.10 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 1:46:23

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 16 (of 72)

Rank in course/Men: 14 (of 52)

Best time in course: 1:30:37

Rank in category: 1(of 2)

Best time in the category: 1:46:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Frankenroda	11.70	59:31	5:05	1	-	13	8:22	11.70	59:31	5:05	1	-	13	8:22
Uferstraße in Tre	9.40	46:52	4:59	1	-	17	7:24	21.10	1:46:23	5:02	1	-	14	15:46