



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Baron, Anja

Club: AC Apolda

Number: 203

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:46:56

Speed: 11.78 km/h

Running performance: 5:04 min/km

Rank in course/Total: 17 (of 72)

Rank in course/Women: 3 (of 20)

Best time in course: 1:41:57

Rank in category: 1(of 5)

Best time in the category: 1:46:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenroda	11.70	59:34	5:05	1	-	3	2:16	11.70	59:34	5:05	1	-	3	2:16
Uferstraße in Tre	9.40	47:22	5:02	1	-	3	3:41	21.10	1:46:56	5:04	1	-	3	4:59