



# 1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

## Detailed evaluation

Schindewolf, Gerd

Club: SC Meißner Eschwege

Number: 235

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:47:14

Speed: 11.75 km/h

Running performance: 5:05 min/km

Rank in course/Total: 18 (of 72)

Rank in course/Men: 15 (of 52)

Best time in course: 1:30:37

Rank in category: 4(of 7)

Best time in the category: 1:38:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Frankenroda	11.70	1:01:17	5:14	4	5:29	17	10:08	11.70	1:01:17	5:14	4	5:29	17	10:08
Uferstraße in Tre	9.40	45:57	4:53	4	4:24	13	6:29	21.10	1:47:14	5:04	4	9:09	15	16:37