



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Hildebrand, Roy

Club: TEAG Thüringer Energie

Number: 215

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:47:55

Speed: 11.68 km/h

Running performance: 5:07 min/km

Rank in course/Total: 19 (of 72)

Rank in course/Men: 16 (of 52)

Best time in course: 1:30:37

Rank in category: 2(of 6)

Best time in the category: 1:36:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time		min/km
Frankenroda	11.70	1:00:34	5:10	2	5:24	14	9:25	11.70	1:00:34	5:10	2	5:24	14	9:25
Uferstraße in Tre	9.40	47:21	5:02	4	6:00	19	7:53	21.10	1:47:55	5:06	2	11:24	16	17:18