



# 1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

## Detailed evaluation

### Schwachheim, Benjamin

Club: Eisenach

Number: 237

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:49:54

Speed: 11.46 km/h

Running performance: 5:13 min/km

Rank in course/Total: 23 (of 72)

Rank in course/Men: 20 (of 52)

Best time in course: 1:30:37

Rank in category: 3(of 7)

Best time in the category: 1:35:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Frankenroda	11.70	1:01:42	5:16	4	7:58	19	10:33	11.70	1:01:42	5:16	4	7:58	19	10:33
Uferstraße in Tre	9.40	48:12	5:07	3	6:33	22	8:44	21.10	1:49:54	5:12	3	14:31	20	19:17