



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Richter, Sabine

Club: bad tennstedt

Number: 271

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:51:13

Speed: 11.33 km/h

Running performance: 5:16 min/km

Rank in course/Total: 26 (of 72)

Rank in course/Women: 5 (of 20)

Best time in course: 1:41:57

Rank in category: 1(of 4)

Best time in the category: 1:51:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenroda	11.70	1:03:05	5:23	1	-	5	5:47	11.70	1:03:05	5:23	1	-	5	5:47
Uferstraße in Tre	9.40	48:08	5:07	1	-	5	4:27	21.10	1:51:13	5:16	1	-	5	9:16