



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Skrowny, Ivonne

Club: SV Schwabhausen

Number: 238

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:52:33

Speed: 11.20 km/h

Running performance: 5:20 min/km

Rank in course/Total: 29 (of 72)

Rank in course/Women: 7 (of 20)

Best time in course: 1:41:57

Rank in category: 3(of 6)

Best time in the category: 1:42:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenroda	11.70	1:03:35	5:26	4	6:17	7	6:17	11.70	1:03:35	5:26	4	6:17	7	6:17
Uferstraße in Tre	9.40	48:58	5:12	3	3:57	7	5:17	21.10	1:52:33	5:20	3	10:14	7	10:36