



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Vock, Susanne

Club: Berkatal-Frankershausen

Number: 245

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:53:31

Speed: 11.15 km/h

Running performance: 5:23 min/km

Rank in course/Total: 32 (of 72)

Rank in course/Women: 8 (of 20)

Best time in course: 1:41:57

Rank in category: 4 (of 6)

Best time in the category: 1:42:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenroda	11.70	1:05:00	5:33	5	7:42	9	7:42	11.70	1:05:00	5:33	5	7:42	9	7:42
Uferstraße in Tre	9.40	48:31	5:09	2	3:30	6	4:50	21.10	1:53:31	5:22	4	11:12	8	11:34