



# 1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

## Detailed evaluation

**Stegmann, Thomas**

Club: Laufftreff Altensteiner Park

Number: 240

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:54:39

Speed: 10.99 km/h

Running performance: 5:26 min/km

Rank in course/Total: 37 (of 72)

Rank in course/Men: 28 (of 52)

Best time in course: 1:30:37

Rank in category: 6(of 8)

Best time in the category: 1:38:33

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Frankenroda	11.70	1:05:40	5:36	6	10:38	30	14:31	11.70	1:05:40	5:36	6	10:38	30	14:31
Uferstraße in Tre	9.40	48:59	5:12	5	6:47	25	9:31	21.10	1:54:39	5:26	6	16:06	28	24:02