



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen

Number: 241

Course: 21.10 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:57:30

Speed: 10.72 km/h

Running performance: 5:34 min/km

Rank in course/Total: 45 (of 72)

Rank in course/Men: 35 (of 52)

Best time in course: 1:30:37

Rank in category: 2(of 4)

Best time in the category: 1:54:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Frankenroda	11.70	1:07:36	5:46	3	4:13	41	16:27	11.70	1:07:36	5:46	3	4:13	41	16:27
Uferstraße in Tre	9.40	49:54	5:18	1	-	29	10:26	21.10	1:57:30	5:34	2	2:43	35	26:53