



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Köhler, Kristin

Club: Gebesee

Number: 221

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:58:39

Speed: 10.62 km/h

Running performance: 5:37 min/km

Rank in course/Total: 48 (of 72)

Rank in course/Women: 11 (of 20)

Best time in course: 1:41:57

Rank in category: 4(of 5)

Best time in the category: 1:46:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenroda	11.70	1:09:06	5:54	4	9:32	13	11:48	11.70	1:09:06	5:54	4	9:32	13	11:48
Uferstraße in Tre	9.40	49:33	5:16	4	2:11	10	5:52	21.10	1:58:39	5:37	4	11:43	11	16:42