



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Skrowny, André

Club: SV Schwabhausen

Number: 154

Course: 42.20 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:59:48

Speed: 14.02 km/h

Running performance: 4:16 min/km

Rank in course/Total: 1 (of 75)

Rank in course/Men: 1 (of 67)

Best time in course: 2:59:48

Rank in category: 1(of 8)

Best time in the category: 2:59:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	48:39	4:05	1	-	3	0:39	11.90	48:39	4:05	1	-	3	0:39
Buchenau	11.70	47:36	4:04	1	-	1	-	23.60	1:36:15	4:04	1	-	1	-
Frankenroda	9.40	39:15	4:10	1	-	1	-	33.00	2:15:30	4:06	1	-	1	-
Uferstraße in Tre	9.20	44:18	4:48	3	3:24	5	3:24	42.20	2:59:48	4:15	1	-	1	-