



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Henning, Jürgen

Club: SG Faulungen

Number: 259

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:01:23

Speed: 10.38 km/h

Running performance: 5:45 min/km

Rank in course/Total: 53 (of 72)

Rank in course/Men: 40 (of 52)

Best time in course: 1:30:37

Rank in category: 7(of 9)

Best time in the category: 1:37:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Frankenroda	11.70	1:06:43	5:42	7	10:32	38	15:34	11.70	1:06:43	5:42	7	10:32	38	15:34
Uferstraße in Tre	9.40	54:40	5:48	7	13:21	40	15:12	21.10	2:01:23	5:45	7	23:53	40	30:46