



# 1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

## Detailed evaluation

**Aßmann, Holger**

Club: SV Wartburgstadt Triathlon

Number: 201

Course: 21.10 km

Halbmarathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 2:03:12

Speed: 10.23 km/h

Running performance: 5:50 min/km

Rank in course/Total: 55 (of 72)

Rank in course/Men: 41 (of 52)

Best time in course: 1:30:37

Rank in category: 1(of 2)

Best time in the category: 2:03:12

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Frankenroda	11.70	1:05:32	5:36	1	-	29	14:23	11.70	1:05:32	5:36	1	-	29	14:23
Uferstraße in Tre	9.40	57:40	6:08	1	-	42	18:12	21.10	2:03:12	5:50	1	-	41	32:35