



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Mayer, Sebastian

Club: SV Blau Weiß Lauterbach

Number: 132

Course: 42.20 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 3:05:40

Speed: 13.57 km/h

Running performance: 4:24 min/km

Rank in course/Total: 3 (of 75)

Rank in course/Men: 3 (of 67)

Best time in course: 2:59:48

Rank in category: 2(of 2)

Best time in the category: 3:03:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	48:29	4:04	2	0:29	2	0:29	11.90	48:29	4:04	2	0:29	2	0:29
Buchenau	11.70	48:09	4:06	1	-	2	0:33	23.60	1:36:38	4:05	2	0:07	3	0:23
Frankenroda	9.40	42:58	4:34	1	-	4	3:43	33.00	2:19:36	4:13	1	-	2	4:06
Uferstraße in Tre	9.20	46:04	5:00	2	1:52	8	5:10	42.20	3:05:40	4:23	2	1:41	3	5:52