



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Bach, Pascal

Club: Melsungen

Number: 179

Course: 42.20 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:08:52

Speed: 13.34 km/h

Running performance: 4:29 min/km

Rank in course/Total: 4 (of 75)

Rank in course/Men: 4 (of 67)

Best time in course: 2:59:48

Rank in category: 2(of 8)

Best time in the category: 2:59:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	53:11	4:28	2	4:32	7	5:11	11.90	53:11	4:28	2	4:32	7	5:11
Buchenau	11.70	52:48	4:30	2	5:12	6	5:12	23.60	1:45:59	4:29	2	9:44	6	9:44
Frankenroda	9.40	41:50	4:27	2	2:35	2	2:35	33.00	2:27:49	4:28	2	12:19	4	12:19
Uferstraße in Tre	9.20	41:03	4:27	2	0:09	2	0:09	42.20	3:08:52	4:28	2	9:04	4	9:04