



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Hennig, Bernhard

Club: Zack- Zack Runners Eisenach

Number: 214

Course: 21.10 km

Halbmarathon

Category:

Senioren M70 (70-74 Jahre)

Total time: 2:19:43

Speed: 9.02 km/h

Running performance: 6:37 min/km

Rank in course/Total: 64 (of 72)

Rank in course/Men: 46 (of 52)

Best time in course: 1:30:37

Rank in category: 1(of 1)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Frankenroda	11.70	1:17:29	6:37	1	-	48	26:20	11.70	1:17:29	6:37	1	-	48	26:20
Uferstraße in Tre	9.40	1:02:14	6:37	1	-	44	22:46	21.10	2:19:43	6:37	1	-	46	49:06