



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Albrecht, Susanne

Club: Physiotherapie Albrecht-Müller
Number: 256

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:22:44

Speed: 8.83 km/h
Running performance: 6:46 min/km

Rank in course/Total: 65 (of 72)
Rank in course/Women: 19 (of 20)
Best time in course: 1:41:57

Rank in category: 5(of 5)
Best time in the category: 1:46:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenroda	11.70	1:20:46	6:54	5	21:12	20	23:28	11.70	1:20:46	6:54	5	21:12	20	23:28
Uferstraße in Tre	9.40	1:01:58	6:35	5	14:36	19	18:17	21.10	2:22:44	6:45	5	35:48	19	40:47