



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Bauersfeld, Norman

Club: Goslar
Number: 104

Course: 42.20 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:26:17

Speed: 12.22 km/h
Running performance: 4:53 min/km

Rank in course/Total: 11 (of 75)

Rank in course/Men: 11 (of 67)

Best time in course: 2:59:48

Rank in category: 2(of 5)

Best time in the category: 3:13:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ifta | 11.90 | 57:03 | 4:47 | 2 | 4:05 | 12 | 9:03 | 11.90 | 57:03 | 4:47 | 2 | 4:05 | 12 | 9:03 |
| Buchenau | 11.70 | 56:25 | 4:49 | 2 | 4:00 | 12 | 8:49 | 23.60 | 1:53:28 | 4:48 | 2 | 8:05 | 13 | 17:13 |
| Frankenroda | 9.40 | 45:52 | 4:52 | 2 | 2:00 | 9 | 6:37 | 33.00 | 2:39:20 | 4:49 | 2 | 10:05 | 12 | 23:50 |
| Uferstraße in Tre | 9.20 | 46:57 | 5:06 | 2 | 2:39 | 9 | 6:03 | 42.20 | 3:26:17 | 4:53 | 2 | 12:44 | 11 | 26:29 |