



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Weber, Ronny

Club: Living Eisenach

Number: 265

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:39:20

Speed: 12.68 km/h

Running performance: 4:43 min/km

Rank in course/Total: 8 (of 72)

Rank in course/Men: 8 (of 52)

Best time in course: 1:30:37

Rank in category: 2(of 8)

Best time in the category: 1:38:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Frankenroda	11.70	55:50	4:46	2	0:48	6	4:41	11.70	55:50	4:46	2	0:48	6	4:41
Uferstraße in Tre	9.40	43:30	4:37	2	1:18	8	4:02	21.10	1:39:20	4:42	2	0:47	8	8:43