



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Schwartz-Reinken, Birgit

Club: TSV Eintracht Hittfeld

Number: 152

Course: 42.20 km

Marathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 3:28:42

Speed: 12.07 km/h

Running performance: 4:57 min/km

Rank in course/Total: 14 (of 75)

Rank in course/Women: 1 (of 8)

Best time in course: 3:28:42

Rank in category: 1(of 4)

Best time in the category: 3:28:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ifta	11.90	1:00:02	5:02	1	-	2	3:22	11.90	1:00:02	5:02	1	-	2	3:22
Buchenau	11.70	57:52	4:56	1	-	2	1:13	23.60	1:57:54	4:59	1	-	2	4:35
Frankenroda	9.40	46:26	4:56	1	-	1	-	33.00	2:44:20	4:58	1	-	2	2:19
Uferstraße in Tre	9.20	44:22	4:49	1	-	1	-	42.20	3:28:42	4:56	1	-	1	-