



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Berner, Roland

Club: LG Bad Frankenhausen / Göllingen
Number: 204

Course: 21.10 km
Halbmarathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:28:45

Speed: 8.47 km/h
Running performance: 7:03 min/km

Rank in course/Total: 68 (of 72)

Rank in course/Men: 48 (of 52)

Best time in course: 1:30:37

Rank in category: 4(of 4)

Best time in the category: 1:54:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Frankenroda	11.70	1:19:55	6:49	4	16:32	50	28:46	11.70	1:19:55	6:49	4	16:32	50	28:46
Uferstraße in Tre	9.40	1:08:50	7:19	4	18:56	47	29:22	21.10	2:28:45	7:02	4	33:58	48	58:08