



# 1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

## Detailed evaluation

**Voigt, Dominik**

Club: Erfurt  
Number: 156

Course: 42.20 km  
Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:29:10

Speed: 12.05 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 16 (of 75)

Rank in course/Men: 15 (of 67)

Best time in course: 2:59:48

Rank in category: 4(of 12)

Best time in the category: 3:24:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	57:36	4:50	3	4:44	14	9:36	11.90	57:36	4:50	3	4:44	14	9:36
Buchenau	11.70	56:48	4:51	3	1:16	15	9:12	23.60	1:54:24	4:50	4	4:03	16	18:09
Frankenroda	9.40	46:23	4:56	3	0:20	12	7:08	33.00	2:40:47	4:52	4	4:23	14	25:17
Uferstraße in Tre	9.20	48:23	5:15	3	1:23	15	7:29	42.20	3:29:10	4:57	4	4:57	15	29:22