



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Becker, Frank

Club: USV Erfurt

Number: 170

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:29:29

Speed: 12.09 km/h

Running performance: 4:58 min/km

Rank in course/Total: 17 (of 75)

Rank in course/Men: 16 (of 67)

Best time in course: 2:59:48

Rank in category: 1(of 16)

Best time in the category: 3:29:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	56:34	4:45	1	-	11	8:34	11.90	56:34	4:45	1	-	11	8:34
Buchenau	11.70	56:44	4:50	1	-	14	9:08	23.60	1:53:18	4:48	1	-	12	17:03
Frankenroda	9.40	48:41	5:10	1	-	16	9:26	33.00	2:41:59	4:54	1	-	16	26:29
Uferstraße in Tre	9.20	47:30	5:09	1	-	11	6:36	42.20	3:29:29	4:57	1	-	16	29:41