



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Gimpel, Tim

Club: Trailrunning Herkules

Number: 115

Course: 42.20 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:31:50

Speed: 11.90 km/h

Running performance: 5:01 min/km

Rank in course/Total: 19 (of 75)

Rank in course/Men: 17 (of 67)

Best time in course: 2:59:48

Rank in category: 4(of 8)

Best time in the category: 2:59:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	57:58	4:52	4	9:19	19	9:58	11.90	57:58	4:52	4	9:19	19	9:58
Buchenau	11.70	58:08	4:58	4	10:32	18	10:32	23.60	1:56:06	4:55	4	19:51	18	19:51
Frankenroda	9.40	47:31	5:03	4	8:16	15	8:16	33.00	2:43:37	4:57	4	28:07	17	28:07
Uferstraße in Tre	9.20	48:13	5:14	4	7:19	13	7:19	42.20	3:31:50	5:01	4	32:02	17	32:02