



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Keitel, Thomas

Club: Leipzig

Number: 164

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:44:24

Speed: 11.23 km/h

Running performance: 5:19 min/km

Rank in course/Total: 22 (of 75)

Rank in course/Men: 20 (of 67)

Best time in course: 2:59:48

Rank in category: 3(of 15)

Best time in the category: 3:18:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ifta | 11.90 | 1:02:17 | 5:14 | 5 | 5:08 | 27 | 14:17 | 11.90 | 1:02:17 | 5:14 | 5 | 5:08 | 27 | 14:17 |
| Buchenau | 11.70 | 1:01:18 | 5:14 | 3 | 6:14 | 23 | 13:42 | 23.60 | 2:03:35 | 5:14 | 4 | 10:47 | 26 | 27:20 |
| Frankenroda | 9.40 | 49:45 | 5:17 | 3 | 7:16 | 19 | 10:30 | 33.00 | 2:53:20 | 5:15 | 3 | 18:03 | 24 | 37:50 |
| Uferstraße in Tre | 9.20 | 51:04 | 5:33 | 5 | 7:55 | 20 | 10:10 | 42.20 | 3:44:24 | 5:19 | 3 | 25:58 | 20 | 44:36 |