



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

Detailed evaluation

Scheffel, Rene

Club: SV Schwabhausen

Number: 148

Course: 42.20 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:49:02

Speed: 11.00 km/h

Running performance: 5:26 min/km

Rank in course/Total: 27 (of 75)

Rank in course/Men: 24 (of 67)

Best time in course: 2:59:48

Rank in category: 5(of 8)

Best time in the category: 2:59:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.90	1:02:18	5:14	6	13:39	28	14:18	11.90	1:02:18	5:14	6	13:39	28	14:18
Buchenau	11.70	1:01:17	5:14	6	13:41	22	13:41	23.60	2:03:35	5:14	6	27:20	26	27:20
Frankenroda	9.40	49:30	5:15	5	10:15	18	10:15	33.00	2:53:05	5:14	6	37:35	23	37:35
Uferstraße in Tre	9.20	55:57	6:04	5	15:03	30	15:03	42.20	3:49:02	5:25	5	49:14	24	49:14