



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Rosenberg, Daniel

Club: Papa's Krieger

Number: 196

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 35:30

Speed: 15.21 km/h

Running performance: 3:38 min/km

Rank in course/Total: 1 (of 220)

Rank in course/Men: 1 (of 126)

Best time in course: 35:30

Rank in category: 1(of 22)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	11:13	3:27	1	-	1	-	3.25	11:13	3:27	1	-	1	-
Lap 2	3.25	12:05	3:43	1	-	3	12:04	6.50	23:18	3:35	1	-	3	5:57
Last lap Finish	3.25	12:12	3:45	1	-	1	-	9.75	35:30	3:38	1	-	1	-