



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Larkens, Andrea

Club: Neckarsulm

Number: 131

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 56:38

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 100 (of 220)

Rank in course/Women: 27 (of 94)

Best time in course: 40:57

Rank in category: 5(of 15)

Best time in the category: 52:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:48	5:47	8	1:35	38	5:51	3.25	18:48	5:47	8	1:35	38	5:51
Lap 2	3.25	19:01	5:51	5	1:14	28	19:00	6.50	37:49	5:49	5	2:46	29	20:51
Last lap Finish	3.25	18:49	5:47	5	1:20	27	4:43	9.75	56:38	5:48	5	4:06	27	15:41