



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Trenner, Nele

Club: Berlin
Number: 243

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 56:37

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 99 (of 220)

Rank in course/Women: 26 (of 94)

Best time in course: 40:57

Rank in category: 5(of 15)

Best time in the category: 48:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:48	5:47	9	2:22	38	5:51	3.25	18:48	5:47	9	2:22	38	5:51
Lap 2	3.25	19:01	5:51	5	3:01	28	19:00	6.50	37:49	5:49	7	5:23	29	20:51
Last lap Finish	3.25	18:48	5:47	5	2:39	26	4:42	9.75	56:37	5:48	5	8:02	26	15:40