



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Patan, Silvia

Club: Bebra
Number: 177

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 56:48

Speed: 10.30 km/h
Running performance: 5:50 min/km

Rank in course/Total: 104 (of 220)

Rank in course/Women: 29 (of 94)

Best time in course: 40:57

Rank in category: 5(of 19)

Best time in the category: 49:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:20	5:56	7	3:01	45	6:23	3.25	19:20	5:56	7	3:01	45	6:23
Lap 2	3.25	18:55	5:49	5	2:28	25	18:54	6.50	38:15	5:53	6	5:29	35	21:17
Last lap Finish	3.25	18:33	5:42	5	1:55	23	4:27	9.75	56:48	5:49	5	7:24	29	15:51