



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Merker, Diana

Club: Magdeburg

Number: 150

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 57:18

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course/Total: 113 (of 220)

Rank in course/Women: 35 (of 94)

Best time in course: 40:57

Rank in category: 8(of 18)

Best time in the category: 45:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:23	5:39	5	4:26	28	5:26	3.25	18:23	5:39	5	4:26	28	5:26
Lap 2	3.25	19:31	6:00	8	4:06	35	19:30	6.50	37:54	5:49	7	8:32	32	20:56
Last lap Finish	3.25	19:24	5:58	8	3:23	34	5:18	9.75	57:18	5:52	8	11:55	35	16:21